



**XVI EUGA ANNUAL  
MEETING**

**VARESE**  
**19-21 OCT**  
**2023**

MEETING CHAIRS  
**MAURIZIO SERATI**  
**STEFANO SALVATORE**

CONGRESS VENUE  
**UNAHOTELS**

**PRELIMINARY  
PROGRAMME**

## Join Europe's Leading Urogynaecologists

Membership to the European Urogynaecological Association is open to all professionals who are involved in the care of women with lower urinary tract or pelvic floor dysfunctions (such as obstetricians/gynaecologists, urogynaecologists, urologists, and nurses). The table below will help you decide which membership level is right for you. Register online at [www.eugaoffice.org](http://www.eugaoffice.org)

### FULL MEMBER

**For:** Clinicians or scientists in the field

**Annual fee:** € 50

You will receive:

- \_ Online access to UROGYNAECOLOGY Journal
- \_ Access to specialised training
- \_ Europe – wide professional network to share scientific information
- \_ Reduced congress/event fees
- \_ Full website access
- \_ Congress slides and other member-only contents

### ASSOCIATE MEMBER

**For:** Physician Assistants/Associates, Nurses and Medical Students

**Annual fee:** € 40

You will receive:

- \_ Online access to UROGYNAECOLOGY Journal
- \_ Access to specialised training
- \_ Europe – wide professional network to share scientific information
- \_ Full website access
- \_ Congress slides and other member-only contents

**Trainees: 20€**

### ASSOCIATE MEMBER

**For:** Physician Assistants/Associates, Nurses and Medical Students

**Annual fee:** € 40

You will receive:

- \_ Online access to UROGYNAECOLOGY Journal
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- \_ Full website access
- \_ Congress slides and other member-only contents

**Trainees: 20€**

### AFFILIATE MEMBER

**For:** Clinicians or scientists in the field, Physician Assistants/Associates, Nurses and Medical Students that are members of an affiliate society.

**Annual fee:** € 20

You will receive:

- \_ Online access to UROGYNAECOLOGY Journal
- \_ Access to specialised training
- \_ Europe-wide professional network to share scientific information
- \_ Full website access
- \_ Congress slides and other member-only contents

## EUGA AFFILIATE SOCIETIES



Austrian Working Group in Urogynaecology and Pelvic Floor Surgery (AUB)



British Society of Urogynaecology (BSUG)



Catalan Society of Obstetrics and Gynecology (SCOG) - Catalan Pelvic Floor Section



Continenca Foundation of Ireland (CFI)



Czech Urogynaecological Society (UGS)



Dutch Society of Urogynaecology (NVOG)



German Society of Urogynaecology (AGUB)



Hellenic Urogynaecological Society (HUGS)



Hungarian Continence and Urogynecological Association (HCUA)



Israeli Society of Urogynaecology and Pelvic Floor (ISUG)



Italian Association of Gynaecological Urology (AIUG)



Italian Society of Urodynamics (SIUD)



Polish Society of Gynecologists and Obstetricians (PTGIP)



Polish Urogynaecological Society (PTUG)



Portuguese Society of Urogynaecology (PSUG)



Romanian Society of Urogynecology (RSU)



Slovenska gynekologicko-porodnicka spolocnost (SLS)



Slovenian Society of Urogynecology (SSU)



Société Interdisciplinaire Francophone d'UroDynamique et de Pelvi Périnéologie (SIFUD PP)



Swiss Urogynaecology Association (AUG)



Turkish Urogynaecology & Pelvic Reconstructive Surgery Association (TUPRA)



Working Group in Pelvic Floor Urogynaecology (GLUP)

## EUGA EXECUTIVE COMMITTEE

*Maurizio Serati - Italy (President)*  
*Stavros Athanasiou - Greece (Past President)*  
*Montserrat Espuna Pons - Spain (Vice President)*  
*Christian Phillips - UK (Treasurer)*  
*Shimon Ginath - Israel*  
*Kamil Svabik - Czech Republic*

## EUGA COMMITTEES

### EUGA SCIENTIFIC COMMITTEE

*Chairs: Michele Meschia (IT), Carl Huibert van der Vaart (NL)*  
*Members: Renaud De Tayrac (FR), Matteo Frigerio (IT), Gert Naumann (DT), Bobby O'Leary (IRL), Abdul Sultan (UK)*

### EUGA INDUSTRY LIAISON COMMITTEE

*Chair: Ash Monga (UK), Barry O'Reilly (IRL)*  
*Members: Stefano Salvatore (IT)*

### EUGA EDUCATION COMMITTEE

*Chairs: Anna Padoa (IL), Dudley Robinson (UK)*  
*Members: Marcin Jozwik (PL), Rosa M. Laterza (A), Orfhlaith O' Sullivan (IRL), Cristina Ros (ES), Dimitrios Zacharakis (GR)*

### EUGA PUBLICATION COMMITTEE

*Chairs: Ilias Giarenis (UK), Andrea Braga (CH)*  
*Members: Angela Rantell (UK), Marco Torella (IT), Adi Weintraub (IL)*

### EUGA ACCREDITATION COMMITTEE

*Chairs: Adolf Lukanovic (SI)*  
*Members: Barry O'Reilly (IRL), Kamil Svabik (CZ), Themis Grigoriadis (GR)*

### EUGA TRAINEES COMMITTEE

*Chairs: Alessandro Ruffolo (IT), Ferry Boekhorst (NL)*  
*Members: Yair Daykan (IL), Silvia Escura Sancho (ES), Jan Dvorak (CZ), Sofia Tsiapakidou (GR)*

### EUGA ADVISORY BOARD

*Chair: Linda Cardozo (UK)*  
*Members: Michael Halaška (CZ), Stefano Salvatore (IT)*

## EUGA 2023 ANNUAL CONGRESS

**Date: 19-21 OCT 2023**

**Congress Venue: UNA Hotels - Varese - Italy**

**Meeting Chair: Maurizio Serati, Stefano Salvatore**

**LOCAL ORGANIZING COMMITTEE: Roberto Baccichet, Matteo Frigerio, Elena Cattoni, Arianna Casiraghi**

**LOCAL SCIENTIFIC COMMITTEE: Andrea Braga, Marta Parma, Paola Sorice, Marco Soligo**



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## Welcome Message



Dear Colleagues,  
It is a great privilege and honour to invite you to come and join us in Varese, Italy, at the 16th Annual Congress of the European Urogynaecological Association (EUGA) on 19-21 October 2023.

We are particularly proud to Co-Chair this year's annual congress and to welcome all EUGA friends and colleagues in Italy after the successful edition held in Milan, in 2018.

Following the pandemic period and despite the current socio-economic uncertainties, EUGA's activities are returning to normality thank to the hard work done by EUGA Committees and members, as well as our commercial partners that have decided to follow and support EUGA projects.

The EUGA scientific committee, chaired by Michele Meschia and C.H. van der Vaart, has created an outstanding scientific programme made of state-of-the-art lectures, debates, open questions, symposia, workshops and abstract sessions which will keep us up-to-date with the latest advances in urogynaecology and with the contribution of renowned European experts.

We therefore look forward to seeing you in Varese to present your researches, participate in scientific debates, mingle with colleagues and friends and have an enjoyable time. EUGA 2023 will also be the best place to thank you personally for all what has been done together and to make you live an unforgettable meeting.

Maurizio Serati and Stefano Salvatore  
EUGA 2023 Meeting Co-Chairs

# SCIENTIFIC PROGRAMME

THURSDAY October 19<sup>th</sup> 2023

10.30-16.30 **Laser Study Day - with accreditation in “Core of Knowledge”**  
(Max 50 Delegates)

12:00 **Congress Registration and Welcome Buffet**

12:30-14:30 **National Society Meeting**

Moderators: M. Meschia, M. Torella

12.30 Introduction: N. Colacurci, M. Serati, S. Salvatore

12.45 Update on Pharmacological Treatment of GSM

13.00 Aging and overactive Bladder

13.15 UTI in elderly

13.30 Vaginal POP Surgery in elderly

13.45 Laparoscopic Pop Surgery in elderly

14.00 Surgical treatment for SUI in elderly

14.15 Discussion

M.L. Interdonato

A. Braga

M. Frigerio

R. Baccichet

G. Campagna

G. Capobianco

14:30-16:30 **Workshops**

WS 1 - Obstetric Anal Sphincter Injuries Repair: Hands-On Workshop

Faculty: Abdul H Sultan (Chair), Marta Barba, Yoav Baruch, Matteo Frigerio

WS 2 - Pelvic Floor Ultrasound Workshop

Faculty: Kamil Svabik (Chair), Rosa Maria Laterza, Cristina Ros

WS 3 - How to Publish a Medical Article

Faculty: Adi Y. Weintraub (Chair), Shimon Ginath

WS 4 - Stress Urinary Incontinence: Imaging, Sexual Function and Advanced Surgical Techniques

Faculty: (Chair) S. Doumouchtsis, S. Emery, Claudine Domoney, Victoria Asfour, Weal Agur

WS 5 – “Learning Without Thinking Is Wasted Effort. Thinking Without Learning Is Dangerous”.

Learning Curves In Urogynaecology

Faculty: Anna Padoa, Maurizio Serati (Chair), Andrea Braga, Mija Blaganje

Ws 6 - The Development of a Multidisciplinary Team In The Management Of Pelvic Floor Dysfunction In Women, In The Perinatal Period

Faculty: Angie Rantell (Chair), Ilaria Baini, Silvia Colombo, Donatella Giraud

16.30-16:40 **EUGA Congress Welcome**

M. Serati, S. Salvatore

16:40-17:30 Industry Symposium 1

17.30 -18.30 **ENTOG & EUGA Trainee Committee Session**

**TRAINING IN UROGYNECOLOGY: TRAINEES' PERSPECTIVE**

Moderators:

Urogynaecology training programs in Europe

Clinical practice in Urogynaecology: are we still far from a European harmonization?

How to become a Urogynaecologist: Responsibilities and Expectations

S. Tsiapakidou

A. Ruffolo

Y. Daykan

18:30-19:00 **Opening lecture**

What women want- Factors influencing patient decision making in urogynecology

Moderator: R. Milani

L. Cardozo

19:00-20:30 EUGA Congress Welcome & Reception

08:00-09:00	<b>Abstract Session 1</b> Chairs: E. Bratila, P. Sorice, H. van der Vaart	
09:00-09:30	<b>State of the art lecture:</b> Genomics of pelvic organ prolapse Moderator: A. Lukanovic	F. Dokmeci
09:30-10:30	<b>Session 1 - Challenging clinical scenarios</b> Chairs: I. Giarenis, A. Monga, K. Svabik	
09:30-09:45	Recurrent pelvic organ prolapse	S. Athanasiou
09:45-10:00	Voiding dysfunction after MUS	S. Ginath
10:00-10:15	Refractory overactive bladder	M. Serati
10:15-10:30	Discussion	
10:30-11:00	Coffee Break	
11:00-12:30	<b>Abstract Session 2</b> Chairs: M. Soligo, A. Sultan, A. Y. Weintraub	
12:30-13:00	<b>FOTONA Symposium</b> <b>First 10 years of Fotona's pioneering laser treatments in urogynecology - where are we today and what's next?</b>	
12.30	Introduction	N. Koron
12.33	Fotona lasers in (uro)gynecology - what we know so far?	B. O'Reilly
12.45	Fotona technology in (uro)gynecology - where we go from here?	C. Phillips
12.57	Discussion	
13:00-14:00	Lunch	
14:00-15:00	<b>Abstract Session 3</b> Chairs: G. Naumann, B. O'Leary, M. Parma	
15.00-15.15	<b>EUGA Scientific Publications: Native Tissue repair, Laser in GMS and Iron Deficiency</b>	XXXX
15:15-16:00	<b>PIERRE FABRE Symposium</b> <b>OAB burden and unmet needs, from Physicians to Patients' expectations</b> Chair A. Padoa	
	Current management and adherence, persistence to treatments	M. Serati
	OAB burden: most prevalent and bothersome symptom(s), from physicians to patients' view	D. Robinson
	Unmet needs, what could be improved and how ?	M. Espuna Pons
16:00-16:30	<b>Debate Session 2: Best way for raising the Roof in vault prolapse</b> Moderators: F. Ghezzi, Z. Nemeth, K. Svabik	
16:00-16:10	Vaginal	M. Frigerio
16:10-16:20	Laparoscopic	C. Phillips
16:20-16:30	Panel discussion	
16:30-17:00	Coffee Break	

17:00-18:00 **Oral Poster Session (3pres+2disc)**

Moderators: G. Surkont, O. O' Sullivan, D. Zacharakis

18:00-19:00 **Session 3 - Current Status on the use of Laser in urogynecology**

Chairs: B. Candoso, B. O' Reilly, L. Horčíčka

18:00-18:15 Genito-urinary syndrome

S. Salvatore

18:15-18:30 Stress urinary incontinence

B. O' Reilly

18:30-18:45 Vaginal laxity

A.Padoa

18:45-19:00 Discussion

## SATURDAY OCTOBER 21<sup>st</sup> 2023

08:00-09:00 **AGM**

09:00-10:00 **Abstract session 4**

Chairs: M. Frigerio, R.M. Laterza, A. Sultan

10:00-10:30 Keynote Lecture

**Vaginal Mesh Surgery – what a lesson for our current practice?**

Moderator: M. Halaška

R. de Tayrac

10:30-11:00 Coffee break

11:00-12:00 **Session 4 – Management of urogenital complaints**

Chairs: A. Braga, C. Ros Cerro, M. Soligo

11:00-11:15 Management of recurrent UTIs: Beyond Antibiotics

Y. Yagel

11:15-11:30 Post-Partum dyspareunia

M. Espuna Pons

11:30-11:45 Management of vulvodynia

F. Murina

11:45-12:00 Discussion

12:00-13:00 **Abstract session 5**

Chairs: T. Grigoriadis, M. Jozwik, M. Torella

13:00-14:00 **Session 5 – Why I still do...**

Chairs: R. Baccichet, A. Padoa, D. Robinson

13:00-13:15 Bulking agent

C. Ros Cerro

13:15-13:30 Burch/Fascial sling

K. Ward

13:30-13:45 Mid-urethral slings

K. Svabik

13:45-14:00 Discussion

14:00-14:15 **Closing Remarks & Abstract Awards**

## EUGA 2023 INVITED FACULTY

Athanasίου Stavros, Greece  
Baccichet Roberto, Italy  
Braga Andrea, Switzerland  
Bratila Elvira, Romania  
Candoso Bercina, Portugal  
Campagna Giuseppe, Italy  
Capobianco Giampiero, Italy  
Cardozo Linda, UK  
Colacurci Nicola, Italy  
De Tayrac Renaud, France  
Dökmeci Fulya, Turkey  
Espuna Pons Montserrat, Spain  
Frigerio Matteo, Italy  
Ghezzi Fabio, Italy  
Giarenis Ilias, UK  
Ginath Shimon, Israel  
Grigoriadis Themos, Greece

Halaška Michael, Czech Republic  
Horčíčka Lukáš, Czech Republic  
Jozwik Marcin, Poland  
Interdonato Maria Lieta, Italy  
Laterza Rosa Maria, Austria  
Lukanović Adolf, Slovenia  
Meschia Michele, Italy  
Milani Rodolfo, Italy  
Monga Ash, UK  
Murina Filippo, Italy  
Naumann Gert, Germany  
Nemeth Zoltan, Austria  
O'Leary Bobby, Ireland  
O' Reilly Barry, Ireland  
O' Sullivan Orfhlaith, Ireland  
Padoa Anna, Israel  
Parma Marta, Italy

Phillips Christian, UK  
Robinson Dudley, UK  
Ros Cerro Cristina, Spain  
Salvatore Stefano, Italy  
Serati Maurizio, Italy  
Soligo Marco, Italy  
Sorice Paola, Italy  
Sultan Abdul, UK  
Surkont Grzegorz, Poland  
Svabik Kamil, Czech Republic  
Torella Marco, Italy  
van der Vaart HuiBERT, Netherlands  
Ward Karen, UK  
Weintraub Adi Y., Israel  
Yagel Yael, Israel  
Zacharakis Dimitrios, Greece

## SCIENTIFIC INFORMATION

### WORKSHOPS

Workshop Submission Deadline is 30<sup>th</sup> April 2023.

Applications must be sent by the given deadline to [info@eugaoffice.org](mailto:info@eugaoffice.org) using the application form available at [www.eugacongress.org](http://www.eugacongress.org)

### ABSTRACTS

Abstract Submission Deadline is July 3<sup>rd</sup> 2023.

Most recent advances in the field will be discussed and presented through a diverse range of topics. You are invited to contribute to the Scientific Programme by submitting your papers for the following topics: Basic Science and Epidemiology, Urinary Incontinence, Prolapse, Imagine and Assessment, Pregnancy and delivery.

#### **Abstract Agreement**

If your abstract is accepted for either oral, video or poster session, you will be asked to accept the following conditions:

- Present the lecture in the session format assigned to you by the Scientific Committee
- Register for the conference and assume responsibility for your own registration, lodging and transportation, as well as providing a substitute presenter in case of absence.

#### **Important Requirements**

Presenters of accepted abstracts must pre-register for the Meeting.

Notification regarding abstract acceptance/rejection are available online and mailed individually to corresponding authors. If you are an author and have not received any e-mail notification regarding your abstract submission by EUGA Office, please send an e-mail to [info@eugaoffice.org](mailto:info@eugaoffice.org).

#### **Presentation methods**

Podium Presentation

Video Presentation

Posters

#### **Abstracts Awards**

EUGA is pleased to announce that there will be a prize for the best podium presentations in each abstract session as well as for the best poster. The awards will be announced at the Closing Session of the Annual Meeting, on Saturday 21<sup>st</sup> October.

## UEMS/EACCME ACCREDITATION | CREDITS FOR EUROPEAN HEALTHCARE PROFESSIONALS

A request of accreditation will be submitted to the European Accreditation Council for Continuing Medical Education (EACCME®)

### MEDETECH EUROPE – EFPIA COMPLIANCE

Defoe, CME Provider and Medtech Trusted partner, submitted the congress through the Conference Vetting System for a compliance review. The EUGA Conference (ID: EMT27406) is currently under evaluation.

Defoe will observe standard Medtech requirements to guarantee a proper and transparent management of both sponsorship and any registration grants offered by Medtech associated industries. All arrangements are however subject to local Laws as well as to National rules and regulations of CME/CPD accreditation.

Defoe will observe standard Medtech-EFPIA requirements to guarantee a proper and transparent management of both sponsorship and any registration grants offered by Medtech and EFPIA associated industries. All arrangements are however subject to local Laws as well as to National rules and regulations of CME/CPD accreditation.



## CONGRESS VENUE

UNA Hotels, Varese (Via Francesco Albani, 73)  
<https://www.gruppouna.it/unahotels/unahotels-varese>

## ACCOMMODATION

Should you wish to make a reservation, please check any updates on EUGA congress website, to see a list of recommended hotels near the Congress Venue ([www.eugacongress.org](http://www.eugacongress.org)). Delegates and sponsors are suggested to contact the hotels directly to arrange their bookings; however, the Organising Secretariat may assist you to facilitate booking. We kindly inform you that rooms at the Congress Venue are available at a special rate. We invite delegates and industries to book needed rooms/allotment soon in order to ensure the reservation.

## SPONSORS & EXHIBITORS

Companies interested in sponsoring or exhibiting at the event are invited to contact the organising secretariat at [euga@defoe.it](mailto:euga@defoe.it).

## REGISTRATION FEES

Registration Fees are intended per person, in Euros, VAT free. The rates include: Congress Kit, access to Scientific Sessions, CME papers, Certificate of Attendance, Lunch. Attendance to 1 Workshop is included for EUGA members. Registration fees are reserved to physicians, physiotherapists, nurses, midwives and other healthcare professionals. We invite Industry representatives, non-sponsoring the Congress but willing to attend #EUGA2023, to register online by selecting the dedicated fee. In case of group registrations, please contact the organising secretariat at [euga@defoe.it](mailto:euga@defoe.it) for further information. All fees are VAT exempt. Cancellation Policy: 100% refund for cancellations received by 30<sup>th</sup> June 2023. Registration fees are 50% refundable by 31st July 2023; any banking fees are not covered by refund policy. After 31st July, no refund will be issued.

## REGISTRATION

REGISTRATION FEES	EUGA MEMBER	NON EUGA MEMBER	ABSTRACT PRESENTER	TRAINEE, PHYSIO, NURSE, MIDWIFE
Until 30 Jun	350 €	400 €	250 €	165 €
1 Jul - 30 Sep	400 €	450 €	280 €	165 €
30 Sep onwards	450 €	500 €	350 €	165 €
Workshops (19 Oct)	0 €	20 €		
Laser Day (19 Oct)	50 €	50 €	50 €	50 €

Workshop attendance for EUGA members is free of charge whilst non-EUGA members shall pay €20 for attending the selected workshop.

### EUGA DINNER 2023 (to be confirmed)

EUGA Dinner Venue: Centro Congressi Ville Ponti. Dinner cost: € 40 + VAT (Tot 48,80 €)  
 The secretariat will provide more information about dinner reservation as soon as it will be confirmed.

CONGRESS UPDATES ON [WWW.EUGAOFFICE.ORG](http://WWW.EUGAOFFICE.ORG) & [WWW.EUGACONGRESS.ORG](http://WWW.EUGACONGRESS.ORG)

## ORGANISING SECRETARIAT AND CME PROVIDER

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